

Facts Sheet on Sex

“Many people assume the Bible has just one message about sex: Don’t do it.”

- Peggy Fletcher Stack, “What They Didn’t Teach You About Sex in Sunday School”

“The Bible addresses human sexuality from a holistic perspective of God's intention and design. In contrast to both pagan sex rituals and our modern obsession with sex, the Bible places sex within the total context of human nature, happiness, and holiness. Taken out of this context, sexual anarchy reigns as sex is set loose to be an end in itself. God created human beings as male and female, both in His own image [Gen. 1:27]. Thus, gender is not a mere biological accident or social construction. The contrast and complementarity between the man and the woman reveal that gender is part of the goodness of God's creation. Modern efforts to redefine or redesign gender are directly contrary to the Bible's affirmation of maleness and femaleness as proper distinctions. God's glory is seen in the maleness of the man and the femaleness of the woman. This pattern of distinction is affirmed and enforced by liturgical orders and restrictions on dress, hair length, etc. Any effort to confuse or deny gender differences is expressly forbidden and opposed by Scripture, especially as seen in Old Testament legal codes.”

- Albert Mohler Commentary, “The Bible on Sex – The way to Happiness and Holiness,”
3-25-04, www.albertmohler.com

“The Love life of a Christian is a crucial battleground. There, if nowhere else, it will be determined as to who is Lord: the world, the self and the devil, or the Lord Christ.”

- Elisabeth Elliot, *Passion and Purity*

Nine Identifying Signs of Sexual Addiction

- 1) Loss of Control.
- 2) Loss of Discrimination.
- 3) Withdrawal Symptoms.
- 4) Increased Emotional Isolation.
- 5) Increased sexual appetite.
- 6) Increased pain toleration.
- 7) Denial.
- 8) Avoidance as a defense.
- 9) Ritualism.

- *Light* (Nov-Dec, 1998), p.6

“Sex is the only form of human behavior viewed as uncontrollable in teenagers. If we taught them about driving the way we do about sex (how to speed and break laws without getting caught or paying the consequences), there would be more accidents and casualties among this age group than there are now.”

- Columnist Cal Thomas (in *Washington Times*, Jun. 10, 2001, pages B3)

“There is dullness, monotony, sheer boredom in all of life when virginity and purity are no longer protected and prized. By trying to grab fulfillment everywhere, we find it nowhere.”

- Elisabeth Elliot, *Passion and Purity*

“An absolute declaration that every sexual partnership must conform to the pattern of commitment or else have the nature of sin and nothing else is unreal and silly.”

- Rowan Williams, Archbishop of Canterbury, in his book *The Body's Grace*, 1989

“‘Hooking up’ has replaced traditional courtship and dating among today’s college students... It is strictly about user sex. I use you and you use me for mutual pleasure. And liquor is more often than not the lubricant that makes things go.”

- Vigen Guroian, “Dorm Brothel: The new debauchery, and the colleges that let it happen.” *Christianity Today*. Feb. 2005

“Each year in the United States, more than 800,000 girls 19 and younger get pregnant and over 4 million teens contract sexually transmitted diseases like chlamydia and gonorrhea.”

- *Newsweek*, 4-25-05, p.61

“Condoms are not dependable shields against AIDS. They tear. Condoms reduce the risk of death the way fewer bullets reduce the chance that, in a game of Russian Roulette, a bullet will be in the barrel. But one bad spin and you die. I can only celebrate the wisdom of this counsel if someone else is holding the gun... Monogamous marriage and extramarital abstinence – the profound plan of God for sex – will not wipe out AIDS instantly. But it will eventually.”

“Sex is deep. And when it is treated like an unmanageable addiction, rather than a God-honoring gift for marriage, tragedy is added to tragedy.”

“No one should die for a ten-minute visceral pleasure. And no one should be encouraged to prostitute the sacred gift of sexual union designed by God to display the love of Christ for his church in the covenant of marriage.”

- John Piper, Dec. 2001

“The Christian church is riddled with immorality, among the young and the older, the single and the married, the laity and leadership. Like the frog that boiled to death by degrees, many Christian homes have been gradually desensitized to sexual sin. When we hear that 60 to 80 percent of young people engage in sexual intercourse before marriage, most of us assume our own church young people constitute the other 20 to 40 percent. But any youth counselor in touch with reality will tell you this is often not the case.”

- Randy Alcorn, quoted in “War on the Family: The Sex Revolution Continues” (*Eternity*, Jan. 1989, p. 31).

“Part of the way that I got where I am today is abstaining from sexual activity, drinking, and drugs.”

- Erika Harold, Miss America 2003, quoted in *US News & World Report* (10-17-05, p. 47).

“Church leaders in Great Britain are reeling that a third of younger Christians believe it is acceptable for couples to live together before marriage.”

- Ruth Gledhill, “Young Christians like living in sin”, *Times of London*, 5-7-2001.

“If women want men to be good, they have to want to be good too.”

- Wendy Shalit, *A Return to Modesty: Discovering the Lost Virtue*.

“Sexy Images are blinding: Erotic images really can make you go blind – at least temporarily. Researchers at Yale University found that people who are shown erotic pictures fail to see images they are shown immediately afterward. Researcher David Zald tells *New Scientist* that some images capture the brain’s attention so completely, they create a “bottleneck,” making it impossible to process other images. This emotion-induced “blindness” could create problems for motorists who pass sexually explicit billboards.”

- *The Week*, (9-9-05, p.22)

“More than one in 10 (T.V.) shows include scenes in which sexual intercourse is either depicted or strongly implied; among the top 20 shows watched by teens, 70 percent include sexual content, and 45 percent include sexual behavior; in shows that include sexual content, the number of sex scenes is up to an average of five scenes an hour; The total number of sex scenes has almost doubled since 1988, from 1,930 to 3,783; There are 6.7 sex scenes per hour on top ten shows.”

- Raleigh News & Observer, (11-05)

“There was a 96% increase in TV scenes with sexual content from 1998 to 2005, according to a survey of programming from a broad sampling of shows.”

“56% of college students living away from home are sexually active. 73% of sexually active students say they are having unprotected sex. 68% of students having unprotected sex don’t believe they are at risk for disease.”

- *Time*, 2005

“Researchers at James Madison University found that 77.7 percent of women and 84.2 percent of men had hooked up, a process they said routinely involving ‘petting below the waist, oral sex or intercourse.’”

- *Newsweek* Oct. 4, 2004

“A survey of sexuality, which was called the ‘most authoritative ever’ by U.S. News & World Report, conducted jointly by researchers at State University of New York at Stony Brook and the University of Chicago, found that of all sexually active people, the people who reported being the most physically pleased and emotionally satisfied were married couples.”

- Robert T. Michael, John H. Gagnon and Edward O. Lauman, *Sex in America: A Definitive Survey*, (Boston: Little, Brown & Co., 1994) p. 124.

“A survey conducted by International Communications Research showed that 93 percent of teens believe it is important for them to be given a strong message from society that they should abstain from sex. Almost 8 out of 10 girls and 6 out of 10 boys state they regret being sexually active and wish they had waited.”

- "The Cautious Generation? Teens Tell Us About Sex, Virginity, and 'The Talk,'" National Campaign to Prevent Teen Pregnancy, April 27, 2000.

“Masturbation is built on a self-centered view of sex. This wrong attitude says that sex is solely about you and your pleasure. Your body. Your genitals. Your orgasm. This is the natural tendency of sin. It isolates us from others and makes pleasure self-focused.”

- Joshua Harris, *Not Even a Hint: Guarding Your Heart Against Lust*

“Let us say clearly: Masturbation is a symptom of uncontrolled eyes and free-racing thoughts. When you create the new habits of bouncing your eyes and taking thoughts captive, masturbation will cease. Until then, it won’t. There’s no sense in targeting masturbation itself, because you won’t be attacking the real source of the problem. Target the eyes and mind instead.”

- Stephen Arterburn, *Everyman’s Battle*